

The Lord's Table

Join us at: **The Lord's Table**

For local teaching and accountability.

When: Dates

Day of the week

Where: Your Church

Located at our church address



Time: 7:00 to 8:15 ~ The Lord's Table Bible Study

This is an intensive 13-week bible study for ladies, which is more than just a support group. Each student will be required to do a personal study of five lessons per week.

Cost: (amount), which includes the course manual,

"*The Lord's Table--A Biblical Approach to Weight Management*".

Study materials will be available at the first meeting.

This course will teach you to enjoy a newfound relationship with the Lord and how to find freedom from bad eating habits.

Join us at **The Lord's Table!**

Please register with your name, address, phone number,

e-mail address, and number of people attending.

For Information ~ Call (contact phone number)

Email: lordstable@settingcaptivesfree.com

 **settingcaptivesfree**

www.settingcaptivesfree.com

"I've lost over 140 pounds through the biblical teaching and accountability I've received at The Lord's Table, and have gained a new relationship with the Lord." Lois Miles.